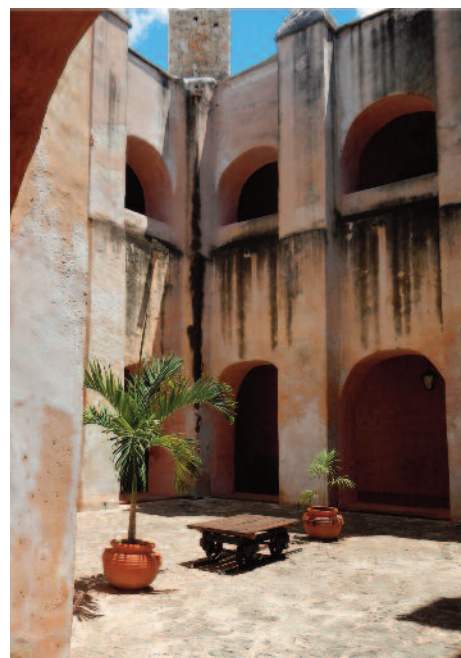
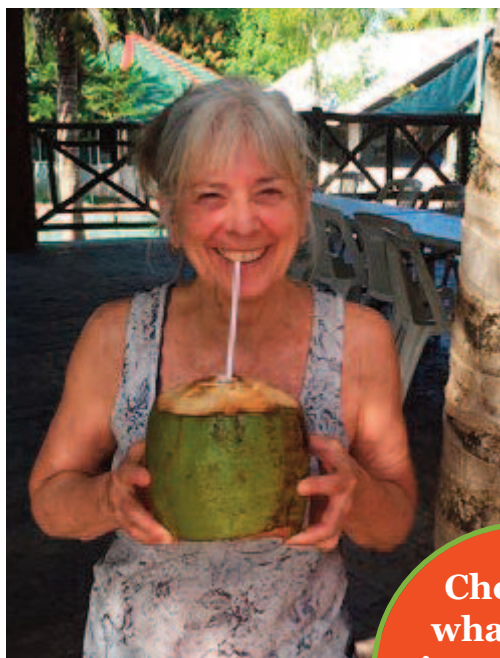


The Journey Inward

Feldenkrais® Retreat in the Yucatán
with Diana Razumny

January 18-22, 2016 in Valladolid, Mexico



Check out
what Diana
is serving up
in January,
2016

Enjoy the sites, get healthy and learn *Feldenkrais*® during this 3rd annual Yucatán Journey Inward

We are excited to invite you to Valladolid in the Yucatan to indulge yourself in a *Feldenkrais*® Intensive as well as enjoy a consciousness shift via the local laid-back culture. These five days allow for an immersion in the method for a deep connection with yourself. Fab lunches and snacks included in the price. Come early, stay late, and enjoy the ruins, a swim in a Cenote, the beach or resting in a hammock.

Cost: \$500 – register by 12/18/15; \$600 after 12/18/15



Sign up and make travel arrangements NOW!
www.feldenkraisjourney.com