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Neuroplasticity

"One of the key factors in the human brain's ability to change via neuroplasticity is that neurons form interconnections based on simultaneous firing over a period of time. According to Norman Doidge, author of *The Brain That Changes Itself*, this theory was first proposed by none other than Sigmund Freud, but was articulated in more detail by Canadian psychologist Donald Hebb. Doidge attributes this neat summary to neuroscientist Carla Shatz: 'Neurons that fire together wire together.'" Roger Dooley



Upcoming Events For Feldenkrais Practitioners

Rocky Mt 2 Feldenkrais Professional Training Program

Segment 8, Year 2

Feb 6-17, 2012

Boulder, CO

Katrin Smithback & Elizabeth Beringer, visiting Trainers

Free ATM Series Moshe's San Francisco Evening Classes

taught by Diana Razumny

8 mornings

Feb 7-10 & 14-17, 2012

Boulder, CO

open to public & feldies

Santa Fe 4 Feldenkrais Professional Training Program

Segment 16, Year 4

Feb 27 - Mar 9, 2012

Graduation

Santa Fe, NM

Diana Razumny, Trainer

Special Event* Free to guild members Feldenkrais Advanced Training - In Gratitude

Mar 10-11, 2012

Santa Fe, NM

Diana Razumny, Trainer

*few spaces left/please register soon

Phone: 505-577-4652

Toll Free: 877-533-6933

Announcing Free Mentoring Opportunities for Feldenkrais® Practitioners with Diana Razumny

Together We Can Make a Difference



"Neurons that fire together wire together" Carla Shatz

For the upcoming Santa Fe Feldenkrais Training, you may be eligible for a free continuing education opportunity. The Santa Fe trainees will have structured between-segment studies that can be facilitated by the practitioners who send them. The structure of this mentoring project will be individualized through close communication between Diana Razumny, E.D. of the program, the trainee and the sponsoring practitioner.

This will be a great opportunity to engage your thinking, as a sponsor, about the method and the essentials that will help create competent practitioners. This support from you will benefit both the trainee and yourself. Diana will work with you to help customize the studies for your trainee. You can help decide, based on your interest, how much and what kind of involvement will stimulate and nurture your development as a practitioner. There will be no monetary investment on your part for Diana's mentoring. In addition, there will be Free Advanced Trainings for all sponsors involved in the program. This will give Diana in-person time with the sponsors as a group to go over some of the 3-way learning that is taking place between trainee, sponsor and Diana. It will also be a time to evaluate what will best serve all in moving forward.

Please think about how this opportunity may apply to you and students or friends you would like to work with as trainees. If you have someone in mind, call so we can discuss if they are really ready to join this training.

I look forward to hearing from you,

Diana Razumny
Educational Director
Movement Educators
505/577-4653



Santa Fe 5 Practitioner Training Starting April 2, 2012

This training meets 3 times per year: 2 weeks in the Spring, 4 weeks in the Summer and 2 weeks in the Fall. There will be continued learning between segments requiring some familiarity with internet technology. Trainers teaching include: Diana Razumny, Katrin Smithback, Carol Kress*, Arlyn Zones and Dennis Leri.

The annual cost of this 4-year program is \$4,500 paid proportionally in advance of each segment. For more information about dates, logistics, content and staff, please go to [Santa Fe 5 Practitioner Training](#).

For more information and to schedule an interview please contact Diana Razumny at 505/577-4653 or email at [Diana Razumny](#)

*Trainer status pending

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