



MOVEMENT EDUCATORS



2 FREE Classes in Santa Fe - April 5 & 12 **FELDENKRAIS®**

Awareness Through Movement®

Come and enjoy, bring friends and **FORWARD/SHARE** this email/flyer with those who may be interested. No prior experience in the *Feldenkrais Method®* is needed. No pre-registration is necessary.



Time: 5-6 p.m.

Dates: April 5 & 12, 2012 (Thursdays)

Place: Woman's Club of Santa Fe,
1616 Old Pecos Trail, Santa Fe

Enjoy a meaningful experience of the *Feldenkrais Method®* by attending two classes of *Awareness Through Movement®*. For those of you familiar with the *Feldenkrais Method®*, it may be of interest to you that these lessons were taught by Dr. Moshe Feldenkrais during his San Francisco Evening Classes in 1976.

Bring a mat & towel or blanket

Lessons start promptly at 5 pm so come early
Call Efreem for more info: 505-577-4652 or **email**.

Santa Fe 5 Feldenkrais® Training **Begins April 2 & Enrollment open through 2012**

This training meets 3 times per year: 2 weeks in the Spring, 4 weeks in the Summer and 2 weeks in the Fall. There will be continued learning between segments requiring some familiarity with internet technology. Trainers include: Diana Razumny, Katrin Smithback, Carol Kress*, Arlyn Zones and Dennis Leri.

For more information about dates, logistics, content & staff, please go to www.movement-educators.com/sf5. To schedule an interview please contact Diana Razumny at 505-577-4653 or **email**.

*Trainer status pending



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